

Missoula County Behavioral Health Update

Criminal Justice Coordinating Council May Meeting

May 13, 2022

Terry Kendrick
Strategic Alliance for Improved Behavioral Health

Mary Parrish, MS
Missoula County Mental Health Coordinator

Missoula County Behavioral Health Update

- Strategic Alliance for Improved Behavioral Health
 - Historical context, current efforts, and future endeavors
- Missoula County's Behavioral Health Care Continuum
 - Crisis services and resources
- Charting a Path Forward
 - Missoula County's guiding document for improving behavioral health systems
- Missoula County Mental Health Coordinator
 - New Coordinator started in February 2022
 - Overview of role, day-to-day, and long-term goals



Strategic Alliance for Improved Behavioral Health

Founding Members

- Community Medical Center
- Providence/St. Patrick's Hospital
- Western Montana Mental Health Center
- Partnership Health Center

Elected Officials

- Mayor Engen
- County Commissioner Slotnick

Other Partner Organizations

- All Nations Health Center
- UM Curry Health – Behavioral Health
- Missoula County Grants Office
- Missoula Crisis Intervention Team (CIT)
- Missoula City-County Health Department

Funding

- Initial funding from the founding members
- Current funding Montana Healthcare Foundation

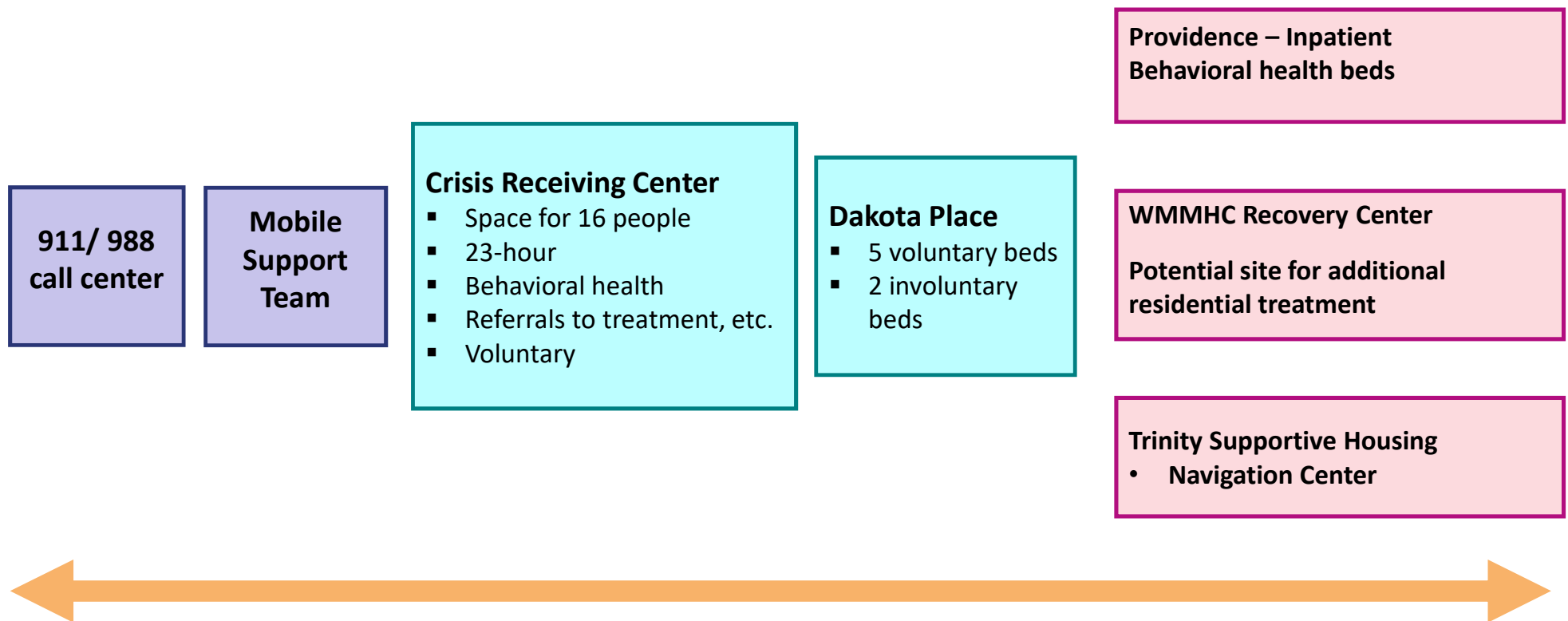
Results of Gap Analysis

- Need more **substance use treatment** services for people with Medicaid as insurer
- Need more **crisis stabilization** services
- Need more behavioral health services for **children, adolescents and their families**
- Need **“warm hand-off”** services not just referrals
- Difficult to get real picture – many different **data systems**
- Need **data sharing** among providers
- Need **funding** to cover comprehensive services

Accomplishments

- **County-wide Data Analysis** for Behavioral Health Crisis Care
- **Data Sharing Platform** – 2 hospitals, PHC, and All Nations Health Care
- Planning for a **Crisis Receiving Center** to open in 2022
- Provide support for **Missoula County Mental Health Coordinator**
- **“Report of Reports”** to guide future efforts in the city and county
- Next 3 years, includes a focus on **prevention and early intervention**

Continuum of Behavioral Health Crisis Care



Emergency Department Data

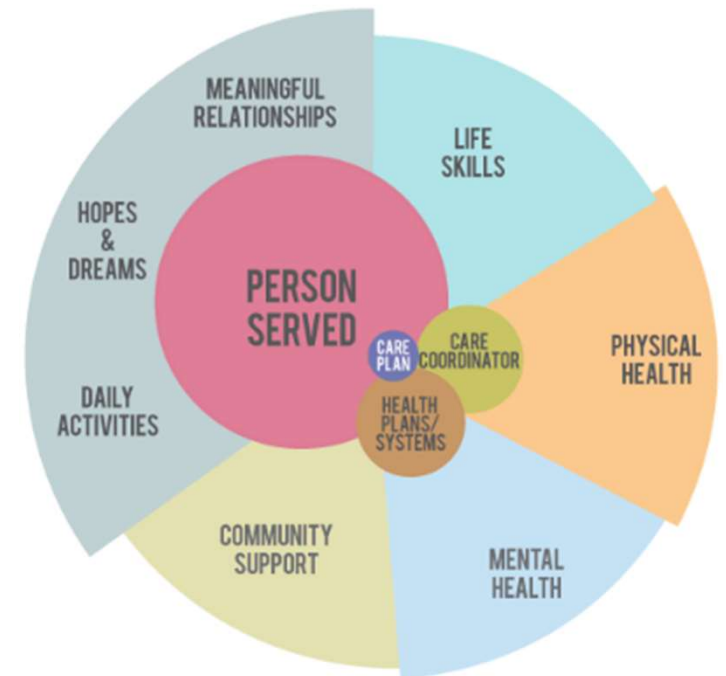
St. Patrick Hospital's Emergency Department saw an average of 7.58 patients per day seeking behavioral health care Quarter 1 to Quarter 3 of 2020.

In 2019, the percentage of patients with a behavioral health primary diagnosis seeking care for their mental illness was 46%, substance use and overdose 37%, suicide and self-harm 17% and violence was 1%.

	Total #	% Female	% Male	% <u>of all</u>
St. Patrick emergency department visits (2019)				<i>% <u>of all</u> visits with BH primary dx</i>
Mental illness	883	51%	49%	46%
Substance use and overdose	701	33%	67%	37%
Suicide and self-harm	322	48%	52%	17%
Violence	17	29%	71%	1%
St. Patrick observation admissions (2019)				<i>% <u>of all</u> admissions with BH primary dx</i>
Suicide and self-harm	45	62%	38%	61%
Mental illness	23	70%	30%	31%
Substance use and overdose	5	60%	40%	7%
St. Patrick inpatient admissions (2019)				<i>% <u>of all</u> admissions with BH primary dx</i>
Mental illness	375	59%	41%	81%
Substance use and overdose	84	37%	63%	18%
Suicide and self-harm	2	100%	0%	0.4%

Crisis Receiving Center: Key Features

- Assessment/Screening
- Crisis intervention
- Individualized treatment planning
- Care coordination and discharge planning
- Skill building
- Education
- 24/7/365
- Voluntary
- Individual stay for 23 hours 59 minutes



Care Coordination

[Image from Telecare](#)
(2022)

Continuum of Care Gaps

- Transition Post-Crisis
 - Place to go prior to treatment
 - Place to go after treatment – Crosswinds
- Access to on-going care and case management
- Medical Detox
- Permanent Affordable Housing



[Neon Art by Caren Kreger](#)

Report: Charting A Path Forward

Highlights of Recommendations

- Increase focus on prevention and early intervention
 - Increase access to all levels of SUD treatment and recovery services
 - Increase availability of peer support services
 - Advocate for increased funding of behavioral health services
 - Expand anti-stigma efforts
 - Engage people with lived experience throughout the continuum of care
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Missoula County Mental Health Coordinator

Mary Parrish, MS

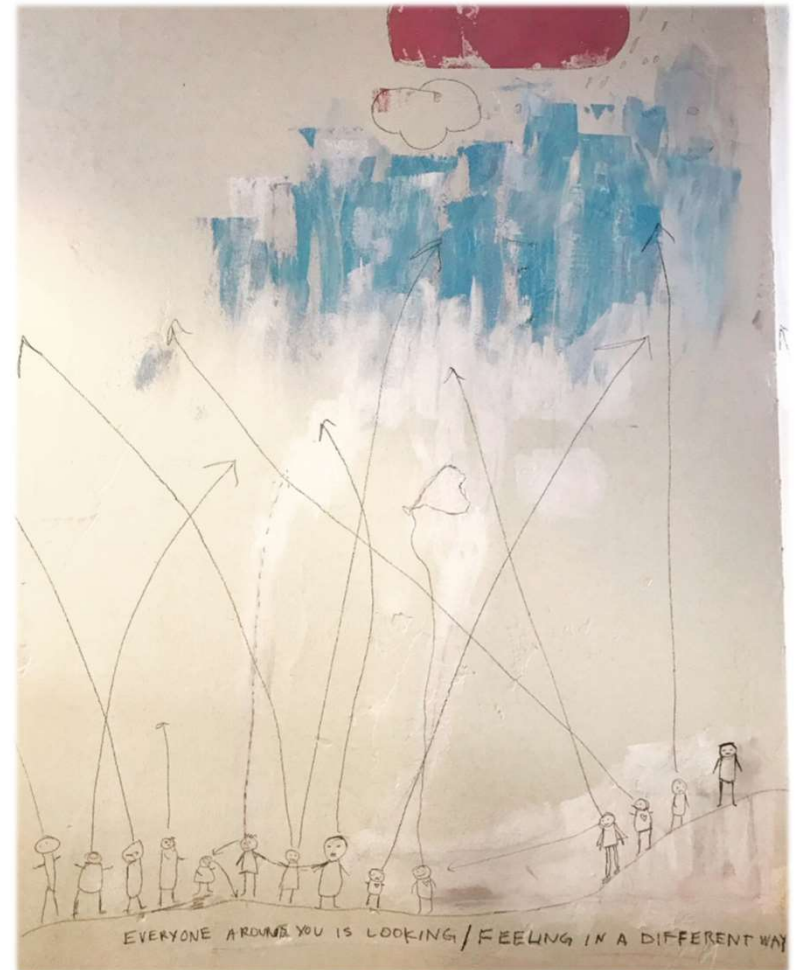
- Community and public health professional

Strengths

- Meeting folx where they are
- Relationship-building
- Communication
- Health needs assessments
- Quality planning and improvement
- Strategic planning, facilitation, and evaluation
- Social Ecological Model and Social Determinants of Health



Mental Health Matters



‘everyone around you is looking/feeling in a different way’

Art at Clyde Coffee, 2018

Missoula County Mental Health Coordination

Systems-level work

- Rooted in **Charting a Path Forward** recommendations
- Supporting the **Strategic Alliance** for Improved Behavioral Health
- Facilitating the **Strategic Alliance Peer Committee**
- **Relationship-building** across all behavioral health touchpoints
- Fostering **strategic coordination and alignment** across a diversity of working groups
 - Shared understanding
 - Shared goals



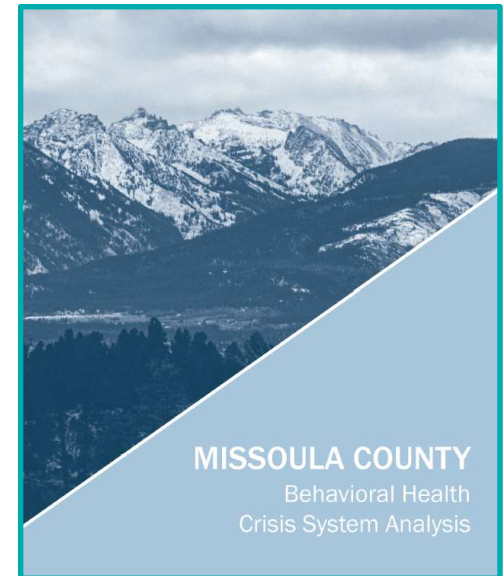
Missoula County Behavioral Health
System: Charting a Path Forward

Report by Gretchen Neal, MS, CHES
(2021)

Missoula County Mental Health Coordination

Missoula County Behavioral Health Data Project

- Coordinated and comprehensive effort to understand the system and the efficacy and impact of health improvement strategies
- Two-phased approach starting with 10-15 data points
 - Alcohol, drugs, and mental health indicators
 - Resource and service capacity measures
 - Performance measures



Report by JG Research and Evaluation
2020

Missoula County Mental Health Coordination

Missoula County Behavioral Health Data Project

- Preliminary stages
- Researching best practices in scientific literature
- Ongoing conversations with partners and stakeholders
 - Understanding the behavioral health landscape
 - Increasing awareness of informative and impactful data points for different programs, work groups, demographics
- Support and technical assistance from JG Research



[Image From Richland Source](#)

Online article about Missoula's MST 2021

Mental Health Coordination



‘We do not rise to the level of our goals.
We fall to the level of our systems.’

(James Clear)

Mental Health Coordination

to heal
you have to
get to the root
of the wound
and kiss it all the way up

-rupi kaur-



Continue the Conversation

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